



# Change Your Thinking, Change Your Life: How to Unlock Your Full Potential for Success and Achievement

By Brian Tracy

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## **CHANGE YOUR THINKING CHANGE YOUR LIFE**

"Every line in this book is bursting with truth, wisdom, and power. Brian Tracy is the preeminent authority on showing you how to dramatically improve your life. Let him be your guide. I've learned so much from Brian myself that I can't thank him enough!"

—Robert G. Allen, #1 *New York Times* bestselling author

"This book gives you a step-by-step system to transform your thinking about yourself and your potential, enabling you to achieve greater success in every area of your life."

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"Once again, Brian Tracy has written an incredible book which shows individuals how to delve into their inner resources so that they can not only identify realistic goals but develop a plan on how to achieve these goals. This book promises to be a bestseller and to influence the lives of so many. It is must reading."

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"Outstanding! Brian Tracy's *Change Your Thinking, Change Your Life* is a must-read. Use the powerful 'mental software' program in this book to tap your vast inner resources and bring the life you've been dreaming about into reality."

—Ken Blanchard, coauthor of *The One Minute Manager* and *Full Steam Ahead!*

"As usual, Brian Tracy has hit another home run with *Change Your Thinking, Change Your Life*. It's a must-read!"

—Mac Anderson, founder, Successories, Inc.

"Brian's new book, *Change Your Thinking, Change Your Life*, will show you how to attract the people and resources you need to achieve any goal you set for yourself."

—Tony Jeary, Mr. Presentation, author of *Life Is a Series of Presentations*

"This is a masterful book laden with wisdom and knowledge. It'll catapult you from intention to implementation. It arms you with the information and insights you need to achieve success and significance in your life."

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### Editorial Review

#### From the Inside Flap

Brian Tracy is one of the most popular professional speakers and business authorities in the world today. Every year, he lives his dream by helping thousands of people live their own dreams. In this follow-up to his bestselling book *Create Your Own Future*, Tracy offers a proven plan for transforming your life by changing the way you think about yourself and your potential.

What you think has a profound effect on what you do and how you do it. You can only achieve it when you believe it! If you don't think you can do it, you never will. Your life experiences determine the way you think. But your thoughts aren't set in stone. Just like you can learn to ride a bike or play chess, you can also learn to control your thinking and control your life.

This book shows you how to change the way you think and open new doors to unlimited possibilities. Based on thirty years of experience sharing this philosophy with more than two million people, *Change Your Thinking, Change Your Life* focuses on the importance of setting goals, expanding your thinking, and imagining your own unlimited potential. It presents twelve powerful principles that will help anyone get on the road to a better, more fulfilling professional and personal life. These principles will show you how to dream big dreams, take charge of your life, become wealthy, and achieve every goal you can set for yourself.

Each chapter offers inspirational stories and principles that get you thinking, backed up with action exercises that help you train yourself to think and act like the successful person you truly are. Every principle helps you change your thinking in a positive way. Every exercise brings about a positive change in the way you see yourself, the world, and your future. Soon, you'll begin to see unlimited possibilities in your future. You'll learn to think and act like a successful, happy, and prosperous person -- leading to incredible results.

The principles in this book have helped millions of people around the world take control of their thinking and make positive changes in their lives. And they can help you too. If you want to achieve wealth, happiness, and professional and personal fulfillment, all you have to do is *Change Your Thinking, Change Your Life*.

#### From the Back Cover

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#### About the Author

**BRIAN TRACY** is Chairman and CEO of Brian Tracy International, a consulting and training organization with affiliates in twenty-two countries. He is one of the top professional business speakers in the world, and has published thirty-two books and more than 300 audio and video learning programs.

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