



When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal

By Susan Forward, Donna Frazier

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Have you ever been lied to by a lover? In this straightforward and supportive book, therapist Susan Forward profiles the wide variety of liars, shows you how to deal with the lies -- from the benign to the lethal -- that these men spin, and gives practical strategies to stop them before they ruin your relationship and, ultimately, your life.

Once you find out the truth about your lover and his lies, what do you do? Forward offers practical, proven, step-by-step methods for healing the wounds caused by his deception and betrayal. She provides all the communication and behavioral techniques you need to deal with a lover's lies, telling you exactly what to say, when and how to respond to his reactions, and how to present your requirements for staying in the relationship. With understanding and compassion, she helps you decide whether your relationship can be saved and shows you how to move beyond doubt and regret if you feel that it can't. But whether you stay or go, you can learn to love and trust again.

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Editorial Review

From Publishers Weekly

Forward has written several self-help classics about lousy, damaging relationships (Emotional Blackmail; Men Who Hate Women and the Women Who Love Them). Once again, she combines gentle empathy with no-nonsense advice as she examines men who lie to women and what women can do about it. Her goal, she writes, addressing women who have been lied to, is to "transform the wounds of betrayal and deception into the wisdom that will illuminate your path." From sexual infidelity to financial disaster, hidden addictions to secret ex-wives, Forward focuses on the serious lies that "involve an intent to deceive" and always "harm us and our relationships." She explains men's various motives, beliefs and behavior patterns, as well as women's frequent denial, "collusion" and acceptance of blame. Forward clearly describes the kind of liar she calls "the sociopath" and sternly warns women to steer clear of the beast and, if already involved with one, to "leave immediately." She then moves on to specific steps for confronting the (non-sociopathic) liar with the reality of his behavior and advises women how to set conditions for continuing the relationship and how to get support from friends, family and professional counselors. Buttressing her advice with examples from her practice, Forward offers some straight talk to women who may have forgotten what candor sounds like.

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From Library Journal

Has the man in your life betrayed your confidence and trust? If yes, this powerful new audio will provide invaluable advice. Forward (Betrayal of Innocence, Audio Reviews, LJ 5/15/92), an internationally acclaimed therapist with over 20 years in private practice, shows how to maneuver through the tangled web of lying in love relationships. She profiles the wide variety of liars, tells how to deal with the lies, and helps develop practical strategies to stop them before they destroy your relationship and your life. The author offers proven step-by-step methods for healing the wounds caused by deception and betrayal and also lights the path to rebuilding confidence and self-respect in both you and your partner. Recommended. AMarty D. Evensvold, Magnolia P.L., TX

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Review

"Susan Forward's wisdom and compassion shines through in this excellent guide for women about a potentially devastating experience in their lives. Fascinating reading!" -- Susan Jeffers, Ph.D., author of "Feel the Fear and Do It Anyway" and "End the Struggle and Dance with Life" "Susan Forward does it again with this powerful book that will go a long way toward helping women regain their balance and self-esteem in the aftermath of betrayal." -- June M. Reinisch, Ph.D., director emeritus, the Kinsey Institute, author of "The Kinsey Institute New Report on Sex" "Lying is a surefire way to demolish self-esteem and destroy relationships. This very useful guide shows us how to detect lies in those we love, confront the liar, and work through the betrayal so we emerge stronger and wiser." -- Ellen McGrath, Ph.D., chair, American Psychological Association, National Task Force on Women and Depression "In this landmark book, Forward describes how lying and betrayal take place in loving relationships. In this practical guide, filled with helpful clinical anecdotes, she shows how people can move to new dimensions of love and healing. A must read!" -- Rabbi Levi Meier, Ph.D., chaplain, Cedars-Sinai Medical Center, clinical psychologist, author of "Moses, the Prince of Egypt: His Life, Legend & Message for Our Lives" "Betrayal goes way beyond sexual affairs to include a host of lies and secrets. When Your Lover Is a Liar is an outstanding guide for helping women reduce the trauma of such interpersonal violations, choose a direction, and rebuild their sense of self." -- Janis Abrahms Spring, Ph.D., author of "After the Affair"

Users Review

From reader reviews:

Bonnie Boyd:

This When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book is usually information inside this guide incredible fresh, you will get data which is getting deeper you actually read a lot of information you will get. This specific When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal without we recognize teach the one who reading through it become critical in pondering and analyzing. Don't become worry When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal can bring if you are and not make your bag space or bookshelves' become full because you can have it in your lovely laptop even cell phone. This When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal having very good arrangement in word in addition to layout, so you will not really feel uninterested in reading.

Tony Hogan:

The particular book When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal will bring one to the new experience of reading some sort of book. The author style to explain the idea is very unique. Should you try to find new book to study, this book very suited to you. The book When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal is much recommended to you to read. You can also get the e-book from the official web site, so you can more easily to read the book.

Lillian Burbank:

The book untitled When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal contain a lot of information on the idea. The writer explains her idea with easy way. The language is very easy to understand all the people, so do not necessarily worry, you can easy to read it. The book was authored by famous author. The author provides you in the new time of literary works. It is possible to read this book because you can read more your smart phone, or model, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open up their official web-site and also order it. Have a nice learn.

Mildred Shaw:

Is it anyone who having spare time after that spend it whole day by simply watching television programs or just lying down on the bed? Do you need something new? This When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal can be the respond to, oh how comes? A book you know. You are thus out of date, spending your spare time by reading in this brand new era is common not a geek activity. So what these textbooks have than the others?

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