



Treasure Yourself

By Miranda Kerr

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Treasure Yourself By Miranda Kerr

In *Treasure Yourself*, international supermodel Miranda Kerr offers her own view on how her generation and those following can achieve greater health and happiness. Miranda believes that one of the most powerful tools to facilitate change is positive affirmation and she has collected over 100 affirmations from some of the world's most inspirational authors including Louise L. Hay, Wayne W. Dyer, Deepak Chopra and many more.

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Editorial Review

About the Author

Miranda Kerr is one of the world's most successful supermodels. She is an advocate for Kids Helpline and founder of KORA Organics, a range of organic skincare she personally created and that is now available to customers all over the world. She currently lives in New York, USA.

Users Review

From reader reviews:

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Cynthia Harvell:

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