



# Human Energy Systems: A Way of Good Health Using Our Electromagnetic Fields

By Jack Schwarz

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## Human Energy Systems: A Way of Good Health Using Our Electromagnetic Fields By Jack Schwarz

Newly republished third edition and now including Jack Schwarz's Illustrative drawings.

*Human Energy Systems* takes up where modern medicine leaves off and brings us into a whole new dimension of body, brain, mind, spirit healing for health happiness and harmony. Jack Schwarz presents this groundbreaking guide to nontraditional methods of self-health and healing. While traditional medicine is based on rational science, energy medicine or healing utilizes an extra dimension of perception and intuition, one that often goes unnoticed. In this comprehensive and revealing volume, Schwarz explores self-healing techniques that include: \* An understanding of the Human Energy Fields \* An explanation of the Rays and Seven Auric Fields \* The Naturopathic System of Energy Regulation \* The Tarot system of Natural healing \* A guide to Medicinal Herbs \* A review of the Human Energy centers - Chakras. Contains original drawings by Jack Schwarz.

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### **Editorial Review**

#### **About the Author**

Jack Schwarz, a pioneer in the education health field, has gained worldwide recognition for his work. He is the president of the Aletheia Foundation, which he founded in 1958, and has been a subject, researcher, and consultant at major bio-medical and life science research centers in the United States and abroad. Results of tests performed on Jack document his abilities to self-regulate many psycho-physiological processes.

Jack Schwarz is dedicated to educating others in self-health and awareness, and bringing together research on health and human energies.

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