



# Learning To Slow Down & Pay Attention: A Book for Kids About ADHD

*By Kathleen G. Nadeau, Ellen B. Dixon*

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This third edition of reflects changes in understanding of ADHD and in our approach to its treatment.. While the majority of what's written about ADHD emphasizes behaviors that bother adults, this book emphasises those aspects of ADHD that are troublesome to the children, trying to look at the world more from their point of view.

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**Learning To Slow Down & Pay Attention: A Book for Kids About ADHD** By Kathleen G. Nadeau, Ellen B. Dixon Bibliography

- Sales Rank: #7796 in Books
- Brand: Magination Press
- Published on: 2004-09-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .27" w x 6.34" l, .48 pounds
- Binding: Paperback
- 95 pages



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