



## Learning To Slow Down & Pay Attention: A Book for Kids About ADHD

By Kathleen G. Nadeau, Ellen B. Dixon

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This third edition reflects changes in understanding of ADHD and in our approach to its treatment.. While the majority of what's written about ADHD emphasizes behaviors that bother adults, this book emphasizes those aspects of ADHD that are troublesome to the children, trying to look at the world more from their point of view.

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