



# Guardrails Participant's Guide: Avoiding Regrets in Your Life

By Andy Stanley

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## Guardrails Participant's Guide: Avoiding Regrets in Your Life By Andy Stanley

In this six-session small group Bible study (DVD/digital video sold separately), Andy Stanley challenges us to stop flirting with disaster and establish personal guardrails.

Guardrails. They're everywhere, but they don't really get much attention ... until somebody hits one. And then, more often than not, it is a lifesaver.

Ever wonder what it would be like to have guardrails in other areas of your life—areas where culture baits you to the edge of disaster and then chastises you when you step across the line? Your friendships. Your finances. Your marriage. Maybe your greatest regret could have been avoided if you had established guardrails. In this six-session video-based small group bible study, Andy Stanley challenges us to stop flirting with disaster and establish some personal guardrails.

Sessions include:

1. Direct and Protect (20:00)
2. Why Can't We Be Friends? (18:30)
3. Flee Baby Flee! (21:30)
4. Me and the Mrs. (15:00)
5. The Consumption Assumption (19:00)
6. Once and for All (17:30)

Designed for use with the *Guardrails Video Study* (sold separately).

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### **Editorial Review**

#### **About the Author**

Communicator, author, and pastor Andy Stanley founded Atlanta-based North Point Ministries in 1995. Today, NPM consists of six churches in the Atlanta area and a network of more than 50 churches around the globe that collectively serve nearly 90,000 people weekly. As host of *Your Move with Andy Stanley*, which delivers over six million messages each month through television and podcasts, and author of more than 20 books, including *The New Rules for Love, Sex & Dating*; *Ask It; How to Be Rich; Deep & Wide*; *Visioneering*; and *Next Generation Leader*, he is considered one of the most influential pastors in America. Andy and his wife, Sandra, have three grown children and live near Atlanta.

### **Users Review**

#### **From reader reviews:**

##### **Helen Thibodeaux:**

The feeling that you get from Guardrails Participant's Guide: Avoiding Regrets in Your Life is a more deep you excavating the information that hide in the words the more you get serious about reading it. It doesn't mean that this book is hard to know but Guardrails Participant's Guide: Avoiding Regrets in Your Life giving you excitement feeling of reading. The article author conveys their point in selected way that can be understood through anyone who read this because the author of this reserve is well-known enough. This kind of book also makes your personal vocabulary increase well. That makes it easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having that Guardrails Participant's Guide: Avoiding Regrets in Your Life instantly.

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