



Fatherless Sons: Healing the Legacy of Loss

By Jonathan Diamond Ph.D.

[Download now](#)

[Read Online](#) 

Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D.

Praise for Fatherless Sons

"Research shows that most men now are better fathers than their own fathers were to them. A generation of men are 'making it up,' giving to their children more than they received. No one describes the poignancy--and hope--of contemporary fatherhood better than Jonathan Diamond's heartfelt and insightful new book. For every man who had a father--and who wants to be one."

--Terrence Real, author of *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression and How Can I Get Through to You?: Closing the Intimacy Gap Between Men and Women*

"Diamond's moving account of his relationship with his father is a nuanced exploration of mourning and its aftermath."

--Publishers Weekly

"This is a powerful and beautiful book, written with warmth, humor, and generosity of spirit. Fatherless Sons guides us through the complex journey of grief, helping to transform pain and anguish into hope and healing."

--Dr. Dusty Miller, author of *Your Surviving Spirit* and *Women Who Hurt Themselves*

 [Download Fatherless Sons: Healing the Legacy of Loss ...pdf](#)

 [Read Online Fatherless Sons: Healing the Legacy of Loss ...pdf](#)

Fatherless Sons: Healing the Legacy of Loss

By Jonathan Diamond Ph.D.

Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D.

Praise for Fatherless Sons

"Research shows that most men now are better fathers than their own fathers were to them. A generation of men are 'making it up,' giving to their children more than they received. No one describes the poignancy--and hope--of contemporary fatherhood better than Jonathan Diamond's heartfelt and insightful new book. For every man who had a father--and who wants to be one."

--Terrence Real, author of *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression* and *How Can I Get Through to You?: Closing the Intimacy Gap Between Men and Women*

"Diamond's moving account of his relationship with his father is a nuanced exploration of mourning and its aftermath."

--Publishers Weekly

"This is a powerful and beautiful book, written with warmth, humor, and generosity of spirit. Fatherless Sons guides us through the complex journey of grief, helping to transform pain and anguish into hope and healing."

--Dr. Dusty Miller, author of *Your Surviving Spirit* and *Women Who Hurt Themselves*

Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. Bibliography

- Sales Rank: #1939194 in Books
- Published on: 2006-08-25
- Original language: English
- Number of items: 1
- Dimensions: 9.51" h x .88" w x 6.48" l, 1.10 pounds
- Binding: Hardcover
- 272 pages

 [Download Fatherless Sons: Healing the Legacy of Loss ...pdf](#)

 [Read Online Fatherless Sons: Healing the Legacy of Loss ...pdf](#)

Download and Read Free Online Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D.

Editorial Review

From Publishers Weekly

Diamond's father, whose lectures at Princeton were noted for their humor, was also a batterer who abused his wives and children. Psychotherapist Diamond's moving account of his relationship with his father is a nuanced exploration of mourning and its aftermath. The author also discusses the role his mother played, despite her lifelong alcoholism, in protecting him from his father's episodic, mercurial rage. The author's father contacted and attended meetings of a batterer's program shortly before he died, which permitted Diamond to feel compassion and love for his parent. His childhood experiences have made Diamond constantly aware of how he expresses anger toward his own young sons. Interwoven with stories about his father are the experiences of other men, drawn from the author's practice, that illuminate a son's trauma when he is faced with the death of a male parent. One man, who at the age of 15 discovered his father hanging from a beam in the basement, deals 25 years later with the fact that his father, beloved by family and neighbors, was often depressed. For Diamond, his father left one positive legacy, a physically demonstrative nature. Diamond recommends physical affection between father and son, saying "[h]ugging is one of the best ways... to introduce hope into a strained or broken relationship...." (Aug.)

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

Diamond's father, whose lectures at Princeton were noted for their humor, was also a batterer who abused his wives and children. Psychotherapist Diamond's moving account of his relationship with his father is a nuanced exploration of mourning and its aftermath. The author also discusses the role his mother played, despite her lifelong alcoholism, in protecting him from his father's episodic, mercurial rage. The author's father contacted and attended meetings of a batterer's program shortly before he died, which permitted Diamond to feel compassion and love for his parent. His childhood experiences have made Diamond constantly aware of how he expresses anger toward his own young sons. Interwoven with stories about his father are the experiences of other men, drawn from the author's practice, that illuminate a son's trauma when he is faced with the death of a male parent. One man, who at the age of 15 discovered his father hanging from a beam in the basement, deals 25 years later with the fact that his father, beloved by family and neighbors, was often depressed. For Diamond, his father left one positive legacy, a physically demonstrative nature. Diamond recommends physical affection between father and son, saying "[h]ugging is one of the best ways... to introduce hope into a strained or broken relationship...." (Aug.) (Publishers Weekly, May 22, 2006)

From the Inside Flap

Years of training and a successful psychotherapy practice taught Jonathan Diamond how to guide others through the grieving process. Then he learned his own father, with whom he shared a tumultuous relationship, was dying. Suddenly, Diamond found himself ambushed by the intensity of his own feelings. The son of a popular Princeton professor, Diamond alone knew what his father's adoring students and admiring colleagues did not: the explosive rage, the outbursts of violence, the unbearable anxiety—and the equally fierce love that father and son felt for each other nonetheless.

For men whose relationship with their fathers has been marred by conflict, abuse, or indifference, death extinguishes any hope of really knowing the man. Even before their fathers die, these men's grief is more about the loss of what could have been than the loss of what was. Many try to escape their feelings with anger or avoidance only to find that neither brings relief.

While navigating his own emotions, Diamond discovered that mourning a violent and abusive father becomes an attempt to take back what was stolen—an act of defiance and hope. In Fatherless Sons, the author shares with great candor his personal journey through this largely uncharted territory. Drawing upon his own experiences and those shared by his clients, Diamond provides tools for untangling the confusion in the father-son relationship, releasing the past, and celebrating the good. On this road, many men will discover for the first time an opportunity to make peace with their deceased fathers, interrupt the cycle of violence, and free their own children from a legacy of unfinished grieving and unacknowledged pain.

Whether it is yourself you see in these pages or someone you love, here you will find many moving, illuminating, and ultimately redemptive stories framed by Diamond's vivid analysis and reflections. Men and those who love them will find Fatherless Sons a powerful celebration of healing and a path to reconciliation and acceptance.

Users Review

From reader reviews:

Alejandro Koenig:

This Fatherless Sons: Healing the Legacy of Loss book is just not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is actually information inside this publication incredible fresh, you will get data which is getting deeper a person read a lot of information you will get. That Fatherless Sons: Healing the Legacy of Loss without we understand teach the one who reading through it become critical in thinking and analyzing. Don't always be worry Fatherless Sons: Healing the Legacy of Loss can bring once you are and not make your bag space or bookshelves' grow to be full because you can have it in the lovely laptop even cellphone. This Fatherless Sons: Healing the Legacy of Loss having excellent arrangement in word as well as layout, so you will not really feel uninterested in reading.

William Powell:

Spent a free time for you to be fun activity to perform! A lot of people spent their spare time with their family, or their very own friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to consider look for book, may be the publication untitled Fatherless Sons: Healing the Legacy of Loss can be great book to read. May be it can be best activity to you.

Michael Hale:

Reading a book for being new life style in this yr; every people loves to learn a book. When you learn a book you can get a great deal of benefit. When you read publications, you can improve your knowledge, simply because book has a lot of information in it. The information that you will get depend on what kinds of book that you have read. In order to get information about your examine, you can read education books, but if you want to entertain yourself you are able to a fiction books, such us novel, comics, along with soon. The Fatherless Sons: Healing the Legacy of Loss offer you a new experience in reading a book.

Christine Smith:

Some individuals said that they feel bored stiff when they reading a e-book. They are directly felt the idea when they get a half parts of the book. You can choose typically the book Fatherless Sons: Healing the Legacy of Loss to make your reading is interesting. Your skill of reading talent is developing when you like reading. Try to choose simple book to make you enjoy you just read it and mingle the sensation about book and looking at especially. It is to be initially opinion for you to like to start a book and study it. Beside that the publication Fatherless Sons: Healing the Legacy of Loss can to be your friend when you're sense alone and confuse in what must you're doing of this time.

Download and Read Online Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. #WCKPE1H6L8O

Read Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. for online ebook

Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. books to read online.

Online Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. ebook PDF download

Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. Doc

Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. MobiPocket

Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D. EPub

WCKPE1H6L8O: Fatherless Sons: Healing the Legacy of Loss By Jonathan Diamond Ph.D.