



The Wisdom of Forgiveness

By Dalai Lama, Victor Chan

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The extraordinary documentation of the evolving friendship between the Dalai Lama and the man who followed him across Ireland and Eastern Europe, on a pilgrimage to India's holy sites, and through the Dalai Lama's near fatal illness. Don't miss the Dalai Lama's classic book, *The Art of Happiness*, or his newest, *The Book of Joy*, named one of Oprah's Favorite Things.

On this remarkable journey Victor Chan was awarded an insight into His Holiness-his life, his fears, his faith, his compassion, his day-to-day practice-that no one has reported before. We've heard the public voice of His Holiness--now we are invited to listen in on his personal explorations, and to take instruction on the Tibetan art of living.

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Editorial Review

From Publishers Weekly

"Do you hate the Chinese?" Chan asked the Dalai Lama when they first met in India in 1972. It was a live question, since Chan hailed from the country that had forced the Tibetan spiritual leader into exile and subjugated the Tibetan people. The Dalai Lama replied immediately with the English word "no," then stated through an interpreter that he had forgiven the Chinese and did not blame China's people. Drawing on Buddhist principles, this book loosely discusses His Holiness's ideas on forgiveness, though Chan presents them gently through stories, not didactically as a step-by-step how-to manual. For example, one chapter arises in the context of the Dalai Lama's travels in war-torn Belfast, where he spoke about forgiveness to the families of victims of terrorist attacks. To research this book, Chan traveled with the Dalai Lama off and on for several years, spent time with him at home and conducted numerous interviews. Apart from the expected teachings on forgiveness, what comes through most clearly is the personality of the Dalai Lama himself: his humor, playfulness and joy. We learn that he had something of a temper as a young man and that he can't resist pulling men's beards. Somehow, the book's serious call to forgiveness becomes all the more engaging and possible because of the Dalai Lama's own lighthearted spirit.

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Review

What comes through most clearly is the personality of the Dalai Lama himself: his humor, playfulness and joy. ("Publishers Weekly") Incredibly touching. ("New York Post")

About the Author

Victor Chan is at the Institute of Asian Research of the University of British Columbia, and resides in Vancouver.

Users Review

From reader reviews:

Freida Gilbert:

Nowadays reading books be than want or need but also turn into a life style. This reading practice give you lot of advantages. Associate programs you got of course the knowledge even the information inside the book this improve your knowledge and information. The details you get based on what kind of publication you read, if you want send more knowledge just go with training books but if you want experience happy read one along with theme for entertaining including comic or novel. Often the The Wisdom of Forgiveness is kind of guide which is giving the reader unforeseen experience.

Brandon Li:

Are you kind of hectic person, only have 10 or perhaps 15 minute in your morning to upgrading your mind talent or thinking skill perhaps analytical thinking? Then you are receiving problem with the book than can satisfy your short period of time to read it because this all time you only find book that need more time to be study. The Wisdom of Forgiveness can be your answer given it can be read by a person who have those short extra time problems.

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