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By Dr. Larry Vickman MD, Dr. Connie Odom MD, Sonia Russell LPN, Dean Yannello

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The Best Diet You Have Never Heard Of is a modernized and improved revision of the "original" Dr. Simeons 500 calorie hCG diet protocol. Developed over 3 years ago, Dr. Larry Vickman, MD, Dr. Connie Odom, MD and Sonia Russell, LPN are the first medical professionals to provide a safer and more tolerable protocol for the patient by removing the safety concerns many experience with the original 500 calorie protocol. The physicians have integrated the latest modern medical advancements and increased both the daily protein and caloric intake from the original 500 calories/day to an LCD of 800 calories/day. The revised protocol is also utilized as the new standard in hCG weight loss therapy for the prescribing practitioner.

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- Sales Rank: #1062509 in eBooks
- Published on: 2011-04-12
- Released on: 2011-04-12
- Format: Kindle eBook

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