



## The Secret of Shambhala: In Search of the Eleventh Insight (The Celestine Prophecy Book 3)

*By James Redfield*

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### Editorial Review

#### Amazon.com Review

Author James Redfield takes readers to the mountains of Tibet in search of the mythical place called Shambhala, otherwise known as Shangri-La. Like his previous bestselling books, Redfield holds the tension between an adventure travel story (in this book, armed Chinese soldiers doggedly pursue him) and divine encounters. Rather than preach his spiritual beliefs, Redfield likes to portray himself as a naive pilgrim, receiving wisdom and insights from the various guides and teachers he meets on his metaphysical journeys.

Shambhala is indeed a paradise, just as it was lovingly portrayed in the famous James Hilton novel *Lost Horizon*. It is also a spiritual utopia, and Redfield takes great pleasure in pondering the possibilities of living in a culture that is entirely "focused on the life process." Residents explain their lifestyle, which has emerged from a completely spiritual culture, including some rather sensible opinions about technology, parenting, and even genetic testing. Meanwhile, Redfield remains the wide-eyed observer. Those who loved the characters, writing style, and epiphanies in *The Celestine Prophecy* will not be disappointed with Redfield's latest inspirational portrait of a new world order. --Gail Hudson

#### From Publishers Weekly

The third book in the Celestine series, this slight fable begins with an appealing spiritual quest, but is soon burdened with Redfield's millennial concerns. Still, readers who made bestsellers of *The Celestine Prophecy* and *The Tenth Insight* are not likely to be deterred, especially those who are interested in Eastern wisdom. Instructed by a neighborhood girl to seek a place of total enlightenment, the narrator makes an imaginary journey to Tibet in search of Shambhala (also known as Shangri-La). Under constant threat by Chinese soldiers, he makes a harrowing passage with the help of human and spirit guides, ultimately reaching the kingdom where the secrets of "the eleventh insight" are revealed in stages. Based on the notion that we attract the events in our lives, the 11th insight reveals that prayer in the form of affirmations and positive energy can empower not only individuals, but whole societies. Readers will find value in Redfield's simply stated comments about building energy through nutrition, posture and thought, and refusing to erode one's energy through negative thinking, including hatred, anger and evil. Redfield believes that baby boomers, with their interest in the human potential movement, have the power to fulfill their generational mission (as their parents did with WWII) by using the 11th insight to counter negative social forces, such as lack of community, youth alienation, environmental destruction, terrorism, the power of centralized technology and genetic engineering of all stripes. (Nov.)

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#### From Library Journal

Redfield's *The Celestine Vision* and *The Tenth Insight* were short books and, as audiobooks, released in unabridged and lightly abridged versions, respectively. *The Secret of Shambhala* is a longer work, and the publisher is offering abridged and unabridged recordings, both performed by LeVar Burton, who read Redfield's previous titles.

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### Users Review

#### From reader reviews:

**Joan Jackson:**

In this 21st hundred years, people become competitive in each and every way. By being competitive right now, people have to do something to make all of them survive, being in the middle of the crowded place and notice simply by surrounding. One thing that often many people have underestimated the idea for a while is reading. That's why, by reading a e-book your ability to survive improve then having chance to remain than other is high. In your case who want to start reading the book, we give you this specific The Secret of Shambhala: In Search of the Eleventh Insight (The Celestine Prophecy Book 3) book as basic and daily reading guide. Why, because this book is greater than just a book.

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**Sherry Fitzgerald:**

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