



Choosing a Jewish Life, Revised and Updated: A Handbook for People Converting to Judaism and for Their Family and Friends

By Anita Diamant

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"As a rabbi and a convert, I appreciate this book deeply for its sensitivity to the complex feelings of those who are exploring paths to becoming Jewish, and for the deep love of Judaism it conveys. I will give it to every interfaith couple, and recommend that they give it to their parents. It is wonderful! "

--Rachel Cowan, co-author of *Mixed Blessings*

In the same knowledgeable, reassuring, and respectful style that has made her one of the most admired writers of guides to Jewish practices and rituals, Anita Diamant provides advice and information that can transform the act of conversion into an extraordinary journey of self-discovery and spiritual growth.

Married to a convert herself, Diamant anticipates all the questions, doubts, and concerns, provides a comprehensive explanation of the rules and rituals of conversion, and offers practical guidance toward creating a Jewish identity.

Here you will learn how to choose a rabbi, a synagogue, a denomination, a Hebrew name; how to handle the difficulty of putting aside Christmas; what happens at the mikvah (the ritual bath) or at a hatafat dam brit (circumcision ritual for those already circumcised); how to find your footing in a new spiritual family that is not always well prepared to receive you; and how not to lose your bonds to your family of origin.

Sensitive, sympathetic, and insightful, Choosing a Jewish Life provides everything necessary to make conversion a joyful and spiritually meaningful experience.

From the Hardcover edition.

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Editorial Review

From the Inside Flap

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From the Back Cover

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--Rachel Cowan, Co-author of *Mixed Blessings*

"Indispensable."

--Dru Greenwood, Director, Commission on Reform Jewish Outreach, Union of American Hebrew Congregations

"Will deeply enrich the journey of anyone who is converting to Judaism."

--Rabbi David Woznica, Director, Bronfman Center for Jewish Life at the 92nd Street Y

About the Author

Anita Diamant is the author of **The New Jewish Wedding**, **The New Jewish Baby Book**, **Living a Jewish Life**, and **Bible Baby Names**. She is a former columnist for *The Boston Globe*, and her articles have appeared in *Parenting Magazine*, *Parents*, *McCall's*, *Reform Judaism*, and *Hadassah Magazine*. She lives in Newton, Massachusetts.

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Timothy Holeman:

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Tammy Campbell:

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Ed Abraham:

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