



Modern Nutrition in Health and Disease (Modern Nutrition in Health & Disease (Shils))

By A. Catharine Ross PhD, Benjamin Caballero MD PhD, Robert J. Cousins PhD, Katherine L. Tucker Ph.D., Thomas R. Ziegler M.D.

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This widely acclaimed book is a complete, authoritative reference on nutrition and its role in contemporary medicine, dietetics, nursing, public health, and public policy. Distinguished international experts provide in-depth information on historical landmarks in nutrition, specific dietary components, nutrition in integrated biologic systems, nutritional assessment through the life cycle, nutrition in various clinical disorders, and public health and policy issues.

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Review

"It would be a great reference for non-nutrition professionals to give them the basics about a wide variety of topics. This is a substantial book, and it could be seen as a one-stop reference for those looking for key information."

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