



Modern Nutrition in Health and Disease (Modern Nutrition in Health & Disease (Shils))

By A. Catharine Ross PhD, Benjamin Caballero MD PhD, Robert J. Cousins PhD, Katherine L. Tucker Ph.D., Thomas R. Ziegler M.D.

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This widely acclaimed book is a complete, authoritative reference on nutrition and its role in contemporary medicine, dietetics, nursing, public health, and public policy. Distinguished international experts provide in-depth information on historical landmarks in nutrition, specific dietary components, nutrition in integrated biologic systems, nutritional assessment through the life cycle, nutrition in various clinical disorders, and public health and policy issues.

Modern Nutrition in Health and Disease, 11th Edition, offers coverage of nutrition's role in disease prevention, international nutrition issues, public health concerns, the role of obesity in a variety of chronic illnesses, genetics as it applies to nutrition, and areas of major scientific progress relating nutrition to disease.

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Review

"It would be a great reference for non-nutrition professionals to give them the basics about a wide variety of topics. This is a substantial book, and it could be seen as a one-stop reference for those looking for key information."

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Amy Hess-Fischl, MS, RD, LDN, BC-ADM, CDE(University of Chicago Medical Center)

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