



Keep Holding On

By Susane Colasanti

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Keep Holding On By Susane Colasanti

An award-winning, realistic novel about the consequences of bullying and suicide.

Noelle's life is all about survival. Even her best friend doesn't know how much she gets bullied, or the ways her mom neglects her. Noelle's kept so much about her life a secret for so long that when her longtime crush Julian Porter starts paying attention to her, she's terrified. Surely it's safer to stay hidden than to risk the pain of a broken heart. But when the torment of a friend takes a dramatic turn, Noelle realizes it's time to stand up for herself...and for the love that makes her keep holding on.

Keep Holding On is an empowering, resonant story that will inspire readers to stay strong and never give up.

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Keep Holding On By Susane Colasanti Bibliography

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Editorial Review

Review

"...smart dialogue, quirky characters and richly layered plot. Emotionally satisfying from beginning to end."
--*Kirkus*

"Noelle's situation will resonate with teen readers. Her struggles are those of real teens--trying to fit in, feeling left out, searching for love, making hard choices." --*VOYA*

"A fast read that will give readers plenty to think about and a list of resources to tap into if they need them."—*Publishers Weekly*

"Noelle's journey from victim to victor . . . is an important story for anyone who has felt the sting of their peers' cruelty."—*VOYA*

"Emotionally satisfying from beginning to end."—*Kirkus Reviews*

"This novel could be recommended to those who enjoyed Sonya Sones's *What My Mother Doesn't Know* or Courtney Summers's *Some Girls Are*."—*School Library Journal*

From the Author

When I was a teen, I would have been mortified to admit that I was being bullied. My teen years were the worst time of my life. Kids tormented me for being the poor kid at the rich kids' school, a hardcore science nerd who wrote song lyrics on her sneakers before that was a thing. I felt desperately alone and embarrassed by all the ways I didn't fit in.

I am not embarrassed anymore.

Writing *Keep Holding On* was my way of turning a negative experience into something positive. I want this book to reach out to every single teen who feels depressed, neglected, ostracized, or misunderstood. I want this book to help them feel less alone. And hopefully, this story will inspire readers in need to keep holding on.

From the Inside Flap

Chew.
Swallow.
Chew.
Swallow.
Don't look up.

Lunch is the worst, but there's no safe place at school for Noelle. Keeping her mortifying home life a secret

and trying to ignore the kids who make her life miserable are Noelle's survival strategies. Her emotionally distant boyfriend, Matt, isn't the one she really wants to be with. But there's no way she could ever be with Julian Porter.

When Julian starts talking to her, Noelle is terrified. It seems safer to stay with Matt than risk a broken heart. But when the bullying of a friend goes too far, Noelle realizes it's time to stand up for herself - and for everything that makes her keep holding on.

Users Review

From reader reviews:

Jerry Gunnell:

Are you kind of hectic person, only have 10 or 15 minute in your day to upgrading your mind expertise or thinking skill also analytical thinking? Then you are having problem with the book than can satisfy your short space of time to read it because this time you only find book that need more time to be read. Keep Holding On can be your answer as it can be read by anyone who have those short extra time problems.

Daniel Martin:

Reading a book to be new life style in this yr; every people loves to go through a book. When you study a book you can get a wide range of benefit. When you read ebooks, you can improve your knowledge, simply because book has a lot of information on it. The information that you will get depend on what forms of book that you have read. If you need to get information about your analysis, you can read education books, but if you want to entertain yourself you are able to a fiction books, this sort of us novel, comics, and also soon. The Keep Holding On provide you with new experience in reading through a book.

Keith Mayo:

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