



# Philosophical Counseling: Theory and Practice

*By Peter B Raabe*

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## **Philosophical Counseling: Theory and Practice** By Peter B Raabe

Raabe critiques both existing theoretical conceptions of philosophical counseling and accounts of its practice. He then presents and defends an overarching model of philosophical counseling that captures the best conceptions and reports of practice.

The volume begins with an examination of the principles of philosophical counseling as they have been gathered from theoretical normative hypotheses and from accounts of actual practice. Raabe then presents a new model of philosophical counseling based on the combination of principles presented earlier and experiential data from his private practice. The volume concludes with sample cases from his own practice to illustrate the principles at work in a number of different applications of philosophical counseling. Practicing counselors as well as scholars and advanced students of philosophy, psychology, counseling, and educational guidance will find this work of particular importance.

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"This is an intelligent book which makes a major contribution to the growing literature in philosophical counseling....read this book."-Analytic Teaching

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### **About the Author**

PETER B. RAABE teaches philosophy at Simon Fraser University and University College of the Fraser Valley in Vancouver, Canada./e He is also a philosophical counselor in private practice and was the first person in Canada to be awarded a doctorate based on his theoretical and practical work in philosophical counseling. Dr. Raabe publishes a monthly column on philosophical counseling and has written numerous journal articles on the topic.

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