



## Stop Hurting the Woman You Love: Breaking the Cycle of Abusive Behavior

By Charlie Donaldson M.A., Randy Flood

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### Stop Hurting the Woman You Love: Breaking the Cycle of Abusive Behavior

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A first-ever how-to book to help abusive men change their behavior by changing their thinking.

End the cycle of abuse - for good. Authors Charlie Donaldson, Randy Flood and Elaine Eldridge uncover a proven action plan that violent men can use to change their behavior. Filled with insightful questionnaires and actual case histories, the essential how-to book Stop Hurting the Woman You Love, will help end abusive patterns in favor of healthier, happier relationships.

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### **Editorial Review**

#### **About the Author**

Charlie Donaldson is director of the Men's Resource Center in Holland, Michigan. He has specialized in working with men for twelve years and offers batterer intervention, substance abuse counseling, and men's therapy groups. As an adjunct professor in the School of Social Work at Grand Valley State University in Allendale, Michigan. Donaldson specializing in working with male interns focusing on men's issues. He has presented seminars for other therapists on the psychology of men who abuse women, obstacles and approaches to working with men in therapy, risk and lethality issues for batterers, and interventions for angry and assaultive men. Charlie was instrumental in creating the Batterer Intervention Service Coalition of Michigan and the Lakeshore Alliance Against Domestic and Sexual Violence of Ottawa County, Michigan. He is credentialed as a Limited Licensed Psychologist, a Licensed Professional Counselor, a Certified Addictions Counselor I and holds M.A. degrees in English and in Counseling Psychology.

### **Users Review**

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