



The Book of Yields: Accuracy in Food Costing and Purchasing

By Francis T. Lynch

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The Book of Yields: Accuracy in Food Costing and Purchasing By Francis T. Lynch

For years, *The Book of Yields* has been an indispensable tool for professional chefs, culinary educators, and culinary students, helping them accurately calculate recipe costs and easily make purchases based on recipe requirements. *The Book of Yields Seventh Edition CD-ROM* contains pricing, yield, and equivalency for the more than 1,500 ingredients included in the book, plus it allows users to efficiently and easily:

- Look up yield data for foods.
- Find purchase requirements for a serving.
- Create new recipes.
- Add new ingredients.
- Calculate ingredient or recipe costs.
- Look up cost data for foods.
- Create shopping lists.

This culinary software can be used on its own or to complement *The Book of Yields Seventh Edition*. *The Book of Yields CD-ROM* can also be used as part of a food and beverage cost control, purchasing, or menu design class.

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The Book of Yields: Accuracy in Food Costing and Purchasing By Francis T. Lynch Bibliography

- Sales Rank: #398282 in Books
- Published on: 2007-02-26
- Original language: English
- Number of items: 1
- Dimensions: 11.00" h x .80" w x 9.10" l, 1.65 pounds
- Binding: Plastic Comb
- 320 pages

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Editorial Review

From the Back Cover

Now in a revised and updated edition, *The Book of Yields: Accuracy in Food Costing and Purchasing* is the chef's best resource for planning and preparing food more quickly and accurately. It is the food service manager's most powerful tool for controlling costs.

With over 200 new foods added since the previous edition, this Seventh Edition offers real-world practices and combines the text with a workbook providing wholesale food prices, worksheets for costing ingredients, and worksheets for planning food purchases. All worksheets show how to do the math!

Constructed with a durable comb binding that allows it to lay flat while students work in the kitchen, this hands-on reference provides a substantial collection of accurate food measurements for more than 1,000 raw food ingredients. Measurements are given in weight-to-volume equivalents, trim yields, and cooking yields. Completely up to date with helpful information relating to food preparation, purchasing decisions, and controlling costs, *The Book of Yields*, Seventh Edition will always be the best, most practical tool in your kitchen.

- Organized by type of food—such as dry and fresh herbs, vegetables, fruit, flours, meats, and others
- Contains measurements that reflect how specific foods are typically measured in recipes—including the number of tablespoons or whole pieces in one ounce
- For produce items, trim yields are presented as both weight and percentage of original weight, as well as how many cups of a trimmed and cut fruit or vegetable are obtained from the original weight and what one trimmed cup weighs
- Reflects the current trend towards more global menu offerings by including many new Asian and Latin foods

The Book of Yields, Seventh Edition is a valuable, easy-to-use resource for students as well as professional chefs and food service managers who need quick and exact measurements for scratch items.

Go to www.wiley.com/college for downloadable Instructor Resources

About the Author

FRANCIS T. LYNCH, a professional chef for over twenty-five years, is the owner of ChefDesk.com, a comprehensive online resource for professionals in the food service industry. He was chef at two Caribbean resort hotels and the Santa Barbara Yacht Club, holds a lifetime teaching credential in food science, and was formerly the culinary program director at Columbia College in Sonora, California.

Users Review

From reader reviews:

Effie Morris:

The reason? Because this *The Book of Yields: Accuracy in Food Costing and Purchasing* is an unordinary

book that the inside of the guide waiting for you to snap the item but latter it will distress you with the secret the item inside. Reading this book alongside it was fantastic author who write the book in such awesome way makes the content inside easier to understand, entertaining means but still convey the meaning totally. So , it is good for you for not hesitating having this ever again or you going to regret it. This unique book will give you a lot of benefits than the other book include such as help improving your ability and your critical thinking method. So , still want to delay having that book? If I were you I will go to the e-book store hurriedly.

Robert Garcia:

This The Book of Yields: Accuracy in Food Costing and Purchasing is brand-new way for you who has interest to look for some information as it relief your hunger associated with. Getting deeper you onto it getting knowledge more you know or you who still having small amount of digest in reading this The Book of Yields: Accuracy in Food Costing and Purchasing can be the light food in your case because the information inside that book is easy to get by means of anyone. These books produce itself in the form and that is reachable by anyone, yep I mean in the e-book web form. People who think that in publication form make them feel sleepy even dizzy this book is the answer. So there isn't any in reading a reserve especially this one. You can find what you are looking for. It should be here for a person. So , don't miss this! Just read this e-book variety for your better life and knowledge.

Phyllis Walters:

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Candace Hernandez:

Many people said that they feel fed up when they reading a book. They are directly felt it when they get a half elements of the book. You can choose the book The Book of Yields: Accuracy in Food Costing and Purchasing to make your reading is interesting. Your own personal skill of reading skill is developing when you including reading. Try to choose simple book to make you enjoy to read it and mingle the feeling about book and reading especially. It is to be 1st opinion for you to like to wide open a book and examine it. Beside that the guide The Book of Yields: Accuracy in Food Costing and Purchasing can to be your friend when you're sense alone and confuse with what must you're doing of these time.

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