



The Inner Light: Self-Realization via the Western Esoteric Tradition

By P.T. Mistlberger

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Eastern teachings - Yoga, Buddhism, Tantra, martial arts, and so on - have become extremely popular in the West here in the early 21st century. What is less well known, however, is the Yoga of the West - the Western Esoteric Tradition. This tradition includes such powerful teachings as spiritual alchemy, the Kabbalah, the tarot, sacred geometry, sex magick, high magic, and thaumaturgy (the art of manifestation). In addition, the entire field of Western spiritual psychology - everything from the work of Jung, Assagioli, *A Course in Miracles*, the Enneagram, and Ken Wilber's teachings - are part of the modern leading edge of the Western esoteric tradition. *The Inner Light: Self-Realization via the Western Esoteric Tradition*, provides a comprehensive manual of history, theory and practice to enable either the newcomer to spiritual work, or the more seasoned traveler of the path, to advance in their inner development and outer success in life. It contains cutting-edge information from modern psychology, in combination with the old and potent teachings of Western esoterica.

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The Inner Light: Self-Realization via the Western Esoteric Tradition

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Editorial Review

Review

A mightily impressive work! A comprehensive and easy to follow guide through and around the Western Esoteric Tradition. I learned a lot from it and no doubt shall continue to do so. One to keep by you for constant reference! ~ **Gareth Knight**, author of *A History of White Magic* and *Experience of the Inner Worlds*.

An immensely enjoyable book. This well written and insightful work is a must read for everyone interested in the history and development of the Western Esoteric Tradition and its varied perspectives on spiritual development and their practical applications. ~ **Will Parfitt**, author of *The Complete Guide to the Kabbalah*.

An engaging and wide-ranging introduction to esotericism in theory and practice, interwoven with thoughtful psychological commentary. ~ **Owen Davies**, professor of Social History at the University of Hertfordshire and author of *Grimoires: A History of Magic Books*.

A comprehensive book, comprising a well-researched and annotated reference text of the history, components, and better-known personalities of the Western Esoteric Tradition...especially impressive is the author's understanding of the interaction between the many streams that merge and flow as the broad river of the Western Esoteric Tradition...I will recommend this book to my students. ~ **R.J. Stewart**, author of *Advanced Magical Arts* and *The Underworld Initiation*.

The Inner Light is a worthy addition to a growing corpus of literature that attempts to bridge the gap between the theoretical elucidation and practical application of the fundamentals of what used to be considered as "rejected knowledge" in Western culture...[this book] will be of value both to those interested in the historical and thematic overview of some major trends in Western esotericism as well as to those who are intent in applying these teachings to practical use. ~ **Gordan Djurdjevic**, Ph.D., Sessional Instructor, Department of Humanities, Simon Fraser University.

P.T. Mistlberger's 'The Inner Light' is a stupendous accomplishment, linking spiritual, psychological, and magical traditions into a coherent whole. Its focus on history is kept fascinating by revealing the interplay and interdependence between the seemingly disparate threads of Eastern and Western spiritual traditions and what has evolved into modern psychological theories and practices. This weaving of systems, combined with practical techniques, will bring new insights to students and practitioners in many fields as well as increasing respect and understanding.

--Donald Michael Kraig, Author of 'Modern Magick'.

About the Author

P.T. Mistlberger is a transpersonal therapist, meditation teacher, and international transformational workshop facilitator based in Vancouver, Canada.

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Clarence Lowery:

The reason? Because this The Inner Light: Self-Realization via the Western Esoteric Tradition is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will zap you with the secret that inside. Reading this book adjacent to it was fantastic author who all write the book in such wonderful way makes the content inside of easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you for not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of positive aspects than the other book include such as help improving your expertise and your critical thinking means. So , still want to delay having that book? If I were you I will go to the publication store hurriedly.

Robert Doyle:

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