



Clinical Manual for Treatment of Schizophrenia

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The Clinical Manual for the Treatment of Schizophrenia provides a wide-ranging, empirically based review of assessment and treatment issues in schizophrenia, offered from a multicultural and supremely patient-centered perspective. The following features reflect the care taken in developing this manual, as well as the inclusive nature of the contents:

- The initial chapter offers a thorough introduction to the disease -- its history, etiology, epidemiology, risk factors, and social aspects -- seen through the lens of a case study. The chapter ends with an overview of the diagnostic process, allowing the reader to place what follows into context.
- The basic science underlying schizophrenia is explained next, with coverage of biological markers; brain structure, function, and cytology; the dopamine and glutamate hypotheses; and the neurodevelopmental model of the disease.
- The chapter on clinical assessment focuses on making the differential diagnosis according to established criteria, with emphasis on a person-oriented approach that takes into account early trauma, stressful events, and the subjective well-being of the patient.
- Subsequent chapters explore cognition, comorbidity, substance abuse, and treatment-resistant symptoms in schizophrenia.
- Finally, chapters on the pharmacological and psychosocial treatment of schizophrenia compare and contrast these approaches, ensuring that the reader is completely up-to-date and knowledgeable about available treatment options. Clinicians who work with schizophrenic patients in a variety of settings -- from private practice to emergency departments -- will benefit from the scholarship and experience of this manual's astute and insightful authors.

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Editorial Review

Review

This well-written book covers very important topics that often are not adequately covered in other books, and I further appreciate how the editors strive to focus on international contributions to the field. Aaron Plattner, M.D., Doody Enterprises, Inc.

From the Inside Flap

Schizophrenia is a much-mythologized, much-maligned disease that has been stigmatized in the media and sensationalized in film. This comprehensive volume, while never underestimating the incalculable damage schizophrenia can inflict, nevertheless maintains hope in the future of neuroscientific research and the progress that is being made in the diagnosis and treatment of the disease. With chapters written by a distinguished assembly of international authorities in the field, Clinical Manual for the Treatment of Schizophrenia provides a uniquely multicultural and supremely patient-centered perspective on schizophrenia's core symptoms, its psychosocial effects, and its psychopharmacological and psychotherapeutic management.

This clinical manual is organized with the reader's understanding and convenience uppermost. The well-balanced chapter outlines, abundance of tables and case studies, and extensive references are designed to provide a cutting-edge education in the diagnosis and management of this devastating disease. Completely current, the volume is grounded in biological science and espouses a down-to-earth approach that both clinicians on the front lines and beginning medical students will appreciate.

About the Author

John Lauriello, M.D., is Professor and Chancellor's Chair of Excellence in Psychiatry in the Department of Psychiatry at the University of Missouri School of Medicine, and Medical Director of the University of Missouri Psychiatric Center in Columbia, Missouri.

Stefano Pallanti, M.D., is Professor of Psychiatry in the Department of Psychiatry at the University of Florence in Florence, Italy; and Visiting Associate Professor in the Department of Psychiatry at Mount Sinai School of Medicine in New York, New York.

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