



## The Emotionally Healthy Church Workbook: 8 Studies for Groups or Individuals

By Peter Scazzero

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### **Editorial Review**

#### **About the Author**

Peter Scazzero is the founder of New Life Fellowship Church in Queens, New York City, a large, multiracial church with more than seventy-three countries represented. After serving as senior pastor for twenty-six years, Pete now serves as a teaching pastor/pastor at large. He is the author of two best-selling books? *The Emotionally Healthy Church* and *Emotionally Healthy Spirituality*. He is also the author of *The EHS Course* and *Emotionally Healthy Spirituality Day by Day*. Pete and his wife, Geri, are the founders of Emotionally Healthy Spirituality, a groundbreaking ministry that equips churches in a deep, beneath-the-surface spiritual formation paradigm that integrates emotional health and contemplative spirituality. They have four lovely daughters. For more information, visit [emotionallyhealthy.org](http://emotionallyhealthy.org), or connect with Pete on Twitter @petescazzero.

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