



# The Psychotherapy Documentation Primer

By Donald E. Wiger

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## The Psychotherapy Documentation Primer By Donald E. Wiger

Everything a therapist needs to know to record client intake, treatment, and progress—fully incorporating the latest managed care, accrediting agency, and government regulations

Paperwork and record keeping are day-to-day realities in your mental health practice. Records must be kept for managed care reimbursement; for accreditation agencies; for protection in the event of lawsuits; to meet federal HIPAA regulations; and to help streamline patient care in larger practice groups, inpatient facilities, and hospitals. The first edition of *The Psychotherapy Documentation Primer* became a standard for professionals and students who needed a quick and easy, yet comprehensive, guide to writing a wide range of mental health documents. This updated and revised *Second Edition* provides the latest information on record keeping for intake, assessment, treatment planning, progress notes, and other essential areas.

Greatly expanded, this user-friendly guide encompasses the many changes that have occurred in mental health practice, including:

- Changes to DSM codes and definitions
- New managed care guidelines
- Accrediting requirements from JCAHO and CARF
- New federal HIPAA regulations

In addition, the revised text features more instructional tools for classroom use. These include:

- More examples and improved graphics
- Study questions and answers at the end of each chapter
- An expanded reference section

Fully updated to reflect the latest practice and reporting requirements, *The Psychotherapy Documentation Primer, Second Edition* is the benchmark record-keeping reference for working mental health professionals.



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## The Psychotherapy Documentation Primer By Donald E. Wiger Bibliography

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#### Review

"This book is an invaluable reference guide for starting therapists who would like to learn good habits in the standards and practice of record management, as well as seasoned therapists who would like to improve their own client documentation practices." (*Metapsychology*, May 2007)

#### From the Back Cover

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#### About the Author

DONALD E. WIGER, PhD, a psychologist, runs a large mental health clinic in St. Paul, Minnesota, and is an adjunct professor at Argosy University, The Minnesota School of Professional Psychology. He is the author of numerous books, including *The Clinical Documentation Sourcebook*, Third Edition, also from Wiley.

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